

ST. LUKE'S CHURCH OF ENGLAND PRIMARY SCHOOL

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21 March 2024

Dear Parents and Carers,

Expect Respect Healthy Relationships Sessions

On Monday 25 and Tuesday 26 March 2024, as part of our PSHE curriculum, the children will take part in healthy relationships sessions. These will be delivered by specialist staff from Wigan Council's DIASDVC team.

The sessions are tailored to meet the needs of each age group and are designed to be active, fun, engaging and challenging. They use themes effective in building healthy relationships, such as:

- challenging assumptions about gender, power and equality;
- changing beliefs and attitudes about men and women;
- managing feelings and accepting responsibility for one's own feelings and behaviours;
- helping to resolve conflict;
- knowing the difference between abusive and non-abusive relationships;
- understanding our digital footprints;
- promoting the consistent message that abuse is not acceptable;
- understanding that domestic abuse is a crime;
- highlighting the role of peers in providing support;
- understanding consent online and offline;
- knowing the impact of our actions online;
- giving information about where to get help

Each class will work with their class teacher and DIASDVC team on the following themes:

Reception - using toy based activities, they will learn that toys can be played with by any child, regardless of their gender.

Year 1 - friends, secrets and people who can help us. The children will learn about what makes a good friend and explore secrets and when a secret may be a good secret (such as a surprise birthday present) and when a secret may be bad (such as someone making them feel sad).

Year 2 - gender, careers and assumptions. This session looks at different career choices and whether the children deem these to be jobs for men or women. The aim of the session is to help them recognise that jobs/careers are not gender specific. The session concludes with a discussion where each child shares with the class what their dream job will be when they are older.

Year 3 - resolving conflict and where to get help. This session looks at how arguments can be resolved and how to get help if someone gets hurt.

Year 4 - examining violence, excuses and responsibilities. The children look at whether it is ever ok to use violence to resolve an argument and that it is never ok to harm someone else. It is also discussed how we are all responsible for our own actions and feelings and that we must not react with violence, even when angry, threatened or upset.

Year 5 - secrets and stories. This session looks at secrets and what to do if you are worried about a secret, that some secrets should never be kept to themselves and places where help and advice can be sought if they are worried about a secret.

Year 6 - courtroom game. This session encourages a healthy and age appropriate debate on the attitudes and beliefs held by some people in society. The children will either challenge or defend a series of statements and take part in healthy discussions. They will learn that some things are not just a matter of opinion and the views may not just be unacceptable but also against the law and they will look at whether their opinions have changed as a result of the session.

If you have any questions regarding these sessions please contact the school office.

Yours sincerely,

S Hardaker

Mr S Hardaker
Headteacher

