


School Nursing Service

Web: www.wwl.nhs.uk

 @WWL_SchoolNursing

National Child Measurement Programme: Height and Weight checks for children in Reception and Year 6.

Your child's class is due to take part in this year's National Child Measurement Programme. You can find general information about the programme and how data is used at the end of this letter.

We will be coming into your child's school on: **Tuesday 5th March 2024**

If your child is absent or we are unable to measure your child on the day, we will attempt to return to your child's school to complete the measurements at a later date. Also, if the planned session does not go ahead, and we need to return, we will notify you again of our planned date.

What you need to know:

Our School Health Care Assistants will be completing the height and weight checks across Wigan's Primary Schools. Children will be measured fully clothed, except for their coats and shoes. Please note that Measurements are not shared with or overseen by pupils or school staff.

We will notify you, in writing, if your child's weight is above or below the healthy range and will support by:

- If your child is underweight, we will call you to discuss the result and any concerns you may have and agree a care plan, this may include School Health monitoring your child's weight or referring to other health services.
- If your child is overweight or very overweight, we will refer you and your child to '**Let's Get Movin'**', a programme to support with Healthier Lifestyles. They will then contact you directly to discuss their service; they will offer advice and support and discuss what options are available to help you and your child with healthy lifestyles. You can also contact the School Nursing duty team via telephone 01942 482111 if you require further support or advice.

If you do not receive a letter, your child is within the healthy weight range, but if you would like your child's result or have any other health queries, please contact the School Nursing Service Duty via telephone 01942 482111.

Covid Safety: Our staff will follow robust hand and respiratory hygiene and provide enhanced cleaning for the rooms and equipment, as recommended in the national guidance for schools and healthcare, and school and local authority's safety control measures.

What you need to do:

If you are happy for your child to be measured and if required, referred on to 'Let's Get Movin', you do not need to do anything. *If a child does not want to be measured on the day, they will not be made to take part. We will update you in this circumstance should you wish to rearrange.*

Withdrawing your child from the National Child Measurement Programme:

If you do not want your child measured or referred onto 'Let's Get Movin', or if your child has a medical condition that affects their height and weight, please email us on receipt of this letter to: wwl-tr.wwlschoolnursingncmp@nhs.net

Please include the following information in your email:

- Subject title: **NCMP REFUSAL**
- In the email: Your child's name, date of birth and school attended, including the school area e.g., Golborne, Standish
- Reason for withdrawal
 - I do not want my child measured.
 - My child is already measured due to a medical condition.
- Your name & relationship to the child
- Your contact number (if you wish to be called by a School Nurse to discuss further)

On receipt of your withdrawal request our Health Care Assistants will remove your child from the class list. To avoid your child being included in the programme please notify us as soon as possible. There is no reason to keep your child off school if consent is withdrawn your child will not be called for.

Thank you for your co-operation.



Katy Warriner
Clinical Manager Children's Universal Services

Further information

Further information about the National Child Measurement Programme can be found at <https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme>

Information and fun ideas to help your kids stay healthy can be found at <https://www.nhs.uk/healthier-families>

Information about how Wrightington Wigan & Leigh Foundation Trust collect and use information can be found at <https://www.wwl.nhs.uk/privacy>

Information about how NHS Digital and Office for Health Improvement and Disparities collect and use information can be found at <https://digital.nhs.uk/about-nhs-digital/our-work/keeping-patient-data-safe/how-we-look-after-your-health-and-care-information> and <https://www.gov.uk/government/organisations/department-of-health-and-social-care/about/personal-information-charter>

Information about the organisations NHS Digital has shared information from the National Child Measurement Programme can be found at <https://digital.nhs.uk/services/national-child-measurement-programme>