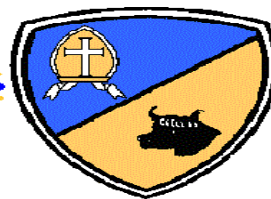


ST. LUKE'S CHURCH OF ENGLAND PRIMARY SCHOOL



Church Lane
Lowton
Warrington
WA3 2PW
Headteacher: Mr S Hardaker



01942 201140



www.saintlukes.wigan.sch.uk



enquiries@admin.saintlukes.wigan.sch.uk

07 June 2021

Dear Parents and Carers,

Promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) programme. This looks at many topics including physical and emotional health, all kinds of relationships, and living in the wider world.

Over the course of this half term, we will be delivering some of the Relationships, Health and Sex Education (RSHE) aspect of our PSHE programme to Year 6. Due to the prolonged absence in Year 5 for COVID-19, we were unable to deliver this crucial part of our curriculum to your child and we feel it is vital that they are equipped for the changes that growing up will bring over the next few years.

This part of our curriculum is designed to help children make healthy choices and keep themselves safe during their school years and beyond. From September 2020, Relationships and Health Education became a legal requirement; parts of sex education were already a legal requirement before this time, within the National Curriculum. The design of the programme has considered the requirements of the statutory guidance, up-to-date best practice guidance, and the needs of our children.

You and your child will have the opportunity to give us valuable feedback regarding the sessions; we will be conducting some evaluations with the children following their sessions and you are very welcome to request to see the resources we will be using for yourself.

The lessons, delivered by Mrs Beechey (PSHE Leader) and Mr Smith, will focus on body changes and keeping safe. Your child will be exploring these themes through examining the following questions over a number of lessons.

- How will my body and emotions change as I approach and move through puberty?
- Why are girls and boys bodies different?
- How do I feel about growing up and changing?
- Which parts of my body are private?
- What kind of physical contact is unacceptable and how should I respond?
- How can I say 'no' to someone and keep myself safe but without hurting their feelings?
- What are personal boundaries?
- Who can I talk to if I feel uncomfortable, or if someone isn't respecting my personal boundaries?
- Who can I talk to if I want help and advice or am worried about someone else?
- What do I do if someone wants me to do something I know is wrong or makes me feel uncomfortable?

One of the lessons will cover non-statutory Sex Education. This will take place on **Wednesday 16th June**. These are the topics that we will cover in the lesson.

- How do humans reproduce?
- Can people of the same sex love each other? Is this ok?

Although Sex Education it is not a statutory requirement in primary schools, schools are encouraged by the Department of Education to deliver Sex Education to ensure that both boys and girls are prepared for the changes adolescence brings and – drawing on knowledge of the human life cycle set out in the National Curriculum for science - how a baby is conceived and born. Parents have a right to withdraw their child from Sex Education which goes beyond the national curriculum for science. At St Luke's, we choose to deliver Sex Education to Year 6 pupils and we would encourage any parent who is thinking of withdrawing their child from this session to contact Mr Hardaker to discuss their concerns.

The session on **Wednesday 16th June** will be a longer session in same sex groups, first covering the physical and emotional changes during puberty, followed by the non-statutory Sex Education lesson.

Appropriate questions that children might ask during the lessons will be answered honestly, factually and in the context of safe, supportive, loving, and caring relationships, drawing upon our core Christian beliefs and values. Each pupil's privacy will be respected, and no one will be asked to reveal personal information. All resources that will be used have been reviewed by the school for their suitability, and tailored to suit our children's needs.

We recognise that parents and carers play a vital part in their child's RSHE, and we encourage you to explore these questions with your child at home as well.

If further advice or support is required please do not hesitate to speak to Mrs Beechey or Mr Hardaker for more information.

If you have any questions about the resources we use or would like to view the resources, please do not hesitate to contact Mrs Beechey.

Yours Sincerely,

H Beechey

Mrs H Beechey
PSHE Leader

