

Subject on a Page

PSHE/RSHE

At St Luke's Church of England Primary School, we want our pupils to be healthy, independent and responsible members of society. Our PSHE curriculum aims to equip pupils with the knowledge and skills they need to access the wider curriculum and prepare children to be a global citizen. As a result of Relationships, Sex and Health Education (RSHE), children learn how to be safe, explore the complexity of relationships and understand how to develop healthy relationships, both now and throughout in their future lives.



Intent - What do we aim to deliver?

Children that know what constitutes a healthy lifestyle and how to keep themselves safe.

Children that understand how society is organised and governed and appreciate what it means to be part of a diverse, multi-cultural society.

Children who have a strong sense of self-worth and respect for others.

Children who have the confidence to tackle many of the moral, social and cultural issues that are part of growing up.

Children that understand how to develop healthy relationships.



Implementation - How do we aim to deliver it?

Our PSHE curriculum is implemented through a comprehensive scheme of work, provided by Coram Life Education; SCARF. Key themes are studied on a half-termly basis: Me and My Relationships, Valuing Difference, Keeping Myself Safe, Rights and Responsibilities, Being My Best and Growing and Changing. These units also cover the statutory Relationships and Health Education outcomes.

Key Vocabulary

feelings, emotions, safety, kindness, rules, consequences, risk, bullying, trust, unique, identity, difference, diversity, prejudice, health, hygiene, respect, rights, responsibility, family, friendship, relationships, community, society, government, environment, resilience, growth, change, puberty, privacy, consent, choice, charity

PHSE Lessons

Weekly lessons use a range of teaching and learning styles. There is an emphasis on active learning with children being engaged in discussions, investigations and problem-solving activities.

Wider Curriculum

PHSE objectives are linked to learning in other subjects, contributing to our school vision of "Learning Without Limits". Citizenship is further developed through the school council, enrichment activities and whole-school events.

SMSC and British Values

Whole school, Key Stage and class assemblies always make links to PSHE and SMSC. This supports children to recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law.

Impact - How will we know we have delivered it?

Children become well-rounded individuals that are healthy, independent and responsible members of society.

Children will demonstrate a healthy outlook towards school which is reflected in attendance and behaviour.

Children feel safe in our school and know what to do if they ever feel unsafe or unsure.

The majority of children will achieve age related expectations across the curriculum.

Children show respect for themselves and others, and are able to maintain healthy relationships.

John 13: 34-35 says: 'Love one another. As I have loved you... By this everyone will know that you are my disciples.'