



## **St Luke's C.E Primary School**

### **Art Intent, Implementation and Impact**

#### **Intent:**

We believe that Physical Education (PE) is a key part of each child's personal development and vital in aiding the understanding of other curriculum subjects. At St. Luke's, we promote physical literacy and learning through movement across our curriculum, as well as in P.E. We intend to deliver high-quality P.E, teaching children key skills that apply not only to P.E but life in general as well. Key skills, such as; teamwork, efficient communication and leadership are ingrained in our children, producing thoughtful, caring and driven children that learn without limits and that are willing to fuel their own and others' success. We also want to inspire our children through P.E, encouraging participation and the understanding of fundamental elements; as well as promoting excellence and creating opportunities for further success. P.E is crucial to each child's safety, at St. Luke's we aim to widen our children's opportunities to learn important life skills. Life skills such as map reading, orienteering and swimming are all included in our intention to better prepare each child for their future journey. Our curriculum aims to promote a healthy physical and mental wellbeing, centred around the children. Our intention for all children is to have an understanding of wellbeing, to better look after themselves and those around them through the underpinning values and disciplines PE promotes.

#### **Implementation:**

To ensure all children receive high quality P.E and have the chance to succeed and participate in the subject:

- Teachers deliver high quality P.E from a carefully balanced curriculum that gives all children the chance to excel in P.E.
- Children access a minimum of 2 hours of high quality P.E in their weekly timetable.
- Children work with P.E experts Wigan Athletic and Premier sport in timetabled P.E lessons and during break times/after school activities.
- Children participate in a range of activity, both participation based activity and competition driven activity.
- Children participate in inter and intra events.
- Children will take part in swimming lessons in Year 3 and those who do not pass get the opportunity to try again in year 6.

To promote physical literacy and learning through movement through-out our wider curriculum and give our children more skills and opportunities that will allow them to fuel their own learning and learn without limits:

- During their time at St Luke's, all children will take part in the play leaders' course.
- All children take part in active lessons through-out the school day, across the curriculum.
- Children access the daily mile and super movers.

To give children the opportunity to understand the components of wellbeing and the tools to maintain healthy physical and mental wellbeing and make them aware of how to recognise and describe how their bodies feel during exercise:

- Children discuss the impact of activity in P.E, Science and PSHE lessons. Children also discuss barriers to healthy physical and mental well-being.
- Children have the chance to become well-being leaders and promote good well-being both in and out of school.

To enable children to develop and explore physical skills with increasing control and co-ordination. To develop the way children perform skills and apply rules and conventions for different activities:

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- Children participate in inter and intra events.

To develop an understanding in children of how to succeed in a range of physical activities and how to evaluate their own success:

- Children have the chance to refine the skills that they have gained. Links to outside clubs and other avenues are promoted in school.
- Children are given the opportunity to participate in a range of activities in school, less common sports are promoted and included in the curriculum.
- The curriculum flows through-out the year groups, allowing children to develop skills that they have gained earlier in their time at our school.

**Impact:**

- Children have the ability to reach their potential in P.E and reach age related expectations.
- P.E will have 100% participation in which the children will experience a variety of activities and will also be encouraged to take part in extra-curricular activity.
- Children will learn important skills that can help them in later life.
- Children are more understanding of their own and others' mental and physical well-being including what helps and hinders this. They can then put steps in place or seek guidance on how to maintain or improve physical and mental well-being.
- Children will make informed life choices and avoid things that harm our bodies physically and mentally.
- Children will grow up healthier and able to help/advise those around them.

KS1	Pupils will be taught to: <ul style="list-style-type: none"> <li>• master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> <li>• participate in team games, developing simple tactics for attacking and defending</li> <li>• perform dances using simple movement patterns</li> </ul>
KS2	Pupils will be taught to: <ul style="list-style-type: none"> <li>• use running, jumping, throwing and catching in isolation and in combination</li> <li>• play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>• develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> <li>• perform dances using a range of movement patterns</li> <li>• take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>• compare their performances with previous ones and demonstrate improvement to achieve their personal best</li> <li>• swim competently, confidently and proficiently over a distance of at least 25 metres</li> </ul>



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|  | <ul style="list-style-type: none"><li>• use a range of strokes effectively [for example, front crawl, backstroke and breaststroke</li><li>• perform safe self-rescue in different water-based situations</li></ul> |
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